



# BLACKPOOL ROCKS 2025 LICENSE NO. 3NW250690

## Palatine Leisure Centre Blackpool 24/25 May 2025

| OPEN/MALE CONSIDERATION TIMES |         |         |         |         |         |         | Short Course - 25m |             | FEMALE CONSIDERATION TIMES |         |         |         |         |         |         |         |
|-------------------------------|---------|---------|---------|---------|---------|---------|--------------------|-------------|----------------------------|---------|---------|---------|---------|---------|---------|---------|
| 9                             | 10      | 11      | 12      | 13      | 14      | 15/ov   | QT                 | EVENTS      | QT                         | 9       | 10      | 11      | 12      | 13      | 14      | 15/ov   |
| 50.00                         | 45.00   | 43.00   | 37.00   | 35.00   | 34.00   | 33.00   | Lwr                | 50m Free    | Lwr                        | 50.00   | 45.00   | 43.00   | 37.00   | 36.00   | 35.00   | 34.00   |
| 33.00                         | 31.00   | 30.00   | 29.00   | 27.00   | 26.00   | 25.00   | Upr                |             | Upr                        | 33.00   | 31.00   | 30.00   | 29.00   | 28.00   | 27.00   | 26.00   |
| 1.45.00                       | 1.38.00 | 1.31.00 | 1.23.00 | 1.19.00 | 1.14.00 | 1.12.00 | Lwr                | 100m Free   | Lwr                        | 1.45.00 | 1.38.00 | 1.31.00 | 1.24.00 | 1.20.00 | 1.16.00 | 1.14.00 |
| 1.22.00                       | 1.15.00 | 1.08.00 | 1.03.00 | 1.01.00 | 58.00   | 56.00   | Upr                |             | Upr                        | 1.22.00 | 1.15.00 | 1.08.00 | 1.04.00 | 1.03.00 | 1.01.00 | 59.00   |
| 3.42.00                       | 3.30.00 | 3.15.00 | 2.56.00 | 2.45.00 | 2.38.00 | 2.30.00 | Lwr                | 200m Free   | Lwr                        | 3.42.00 | 3.30.00 | 3.15.00 | 2.58.00 | 2.48.00 | 2.40.00 | 2.35.00 |
| 2.45.00                       | 2.35.00 | 2.25.00 | 2.16.00 | 2.12.00 | 2.10.00 | 2.07.00 | Upr                |             | Upr                        | 2.45.00 | 2.35.00 | 2.25.00 | 2.18.00 | 2.15.00 | 2.13.00 | 2.10.00 |
| NO                            | NO      | 6.15.00 | 5.45.00 | 5.27.00 | 5.19.00 | 5.07.00 | Lwr                | 400mFree    | Lwr                        | NO      | NO      | 6.15.00 | 5.50.00 | 5.32.00 | 5.25.00 | 5.15.00 |
| EVENT                         | EVENT   | 4.55.00 | 4.40.00 | 4.27.00 | 4.19.00 | 4.07.00 | Upr                |             | Upr                        | EVENT   | EVENT   | 4.55.00 | 4.45.00 | 4.32.00 | 4.25.00 | 4.15.00 |
| 55.00                         | 51.00   | 49.00   | 43.00   | 40.00   | 38.00   | 36.00   | Lwr                | 50m Back    | Lwr                        | 55.00   | 51.00   | 49.00   | 43.00   | 42.00   | 40.00   | 38.00   |
| 36.00                         | 34.00   | 33.00   | 31.00   | 30.00   | 29.00   | 28.00   | Upr                |             | Upr                        | 36.00   | 34.00   | 33.00   | 32.00   | 31.00   | 30.00   | 29.00   |
| 1.56.00                       | 1.46.00 | 1.40.00 | 1.34.00 | 1.24.00 | 1.20.00 | 1.17.00 | Lwr                | 100m Back   | Lwr                        | 1.56.00 | 1.46.00 | 1.40.00 | 1.35.00 | 1.28.00 | 1.24.00 | 1.20.00 |
| 1.30.00                       | 1.23.00 | 1.16.00 | 1.12.00 | 1.08.00 | 1.07.00 | 1.06.00 | Upr                |             | Upr                        | 1.30.00 | 1.23.00 | 1.16.00 | 1.13.00 | 1.11.00 | 1.10.00 | 1.09.00 |
| 4.08.00                       | 3.55.00 | 3.40.00 | 3.22.00 | 3.04.00 | 2.52.00 | 2.45.00 | Lwr                | 200m Back   | Lwr                        | 4.08.00 | 3.55.00 | 3.40.00 | 3.26.00 | 3.08.00 | 2.55.00 | 2.51.00 |
| 3.08.00                       | 2.55.00 | 2.40.00 | 2.32.00 | 2.24.00 | 2.20.00 | 2.17.00 | Upr                |             | Upr                        | 3.08.00 | 2.55.00 | 2.40.00 | 2.36.00 | 2.28.00 | 2.25.00 | 2.21.00 |
| 58.00                         | 53.00   | 49.00   | 44.00   | 40.00   | 38.00   | 36.00   | Lwr                | 50m Fly     | Lwr                        | 58.00   | 53.00   | 49.00   | 44.00   | 42.00   | 40.00   | 38.00   |
| 38.00                         | 36.00   | 33.00   | 31.00   | 30.00   | 29.00   | 28.00   | Upr                |             | Upr                        | 38.00   | 36.00   | 33.00   | 32.00   | 31.00   | 30.00   | 29.00   |
| 2.00.00                       | 1.53.00 | 1.45.00 | 1.35.00 | 1.25.00 | 1.20.00 | 1.17.00 | Lwr                | 100m Fly    | Lwr                        | 2.00.00 | 1.53.00 | 1.45.00 | 1.35.00 | 1.28.00 | 1.25.00 | 1.22.00 |
| 1.30.00                       | 1.23.00 | 1.15.00 | 1.10.00 | 1.05.00 | 1.02.00 | 1.00.00 | Upr                |             | Upr                        | 1.30.00 | 1.23.00 | 1.15.00 | 1.10.00 | 1.08.00 | 1.05.00 | 1.02.00 |
| NO                            | NO      | 3.40.00 | 3.30.00 | 3.08.00 | 3.00.00 | 2.55.00 | Lwr                | 200m Fly    | Lwr                        | NO      | NO      | 3.40.00 | 3.30.00 | 3.15.00 | 3.07.00 | 3.00.00 |
| EVENT                         | EVENT   | 2.43.00 | 2.38.00 | 2.27.00 | 2.23.00 | 2.18.00 | Upr                |             | Upr                        | EVENT   | EVENT   | 2.43.00 | 2.40.00 | 2.33.00 | 2.30.00 | 2.25.00 |
| 1.00.00                       | 58.00   | 54.00   | 48.00   | 44.00   | 42.00   | 40.00   | Lwr                | 50m Breast  | Lwr                        | 1.00.00 | 58.00   | 54.00   | 48.00   | 45.00   | 43.00   | 42.00   |
| 44.00                         | 42.00   | 39.00   | 36.00   | 34.00   | 33.00   | 32.00   | Upr                |             | Upr                        | 44.00   | 42.00   | 39.00   | 37.00   | 36.00   | 35.00   | 34.00   |
| 2.05.00                       | 2.00.00 | 1.55.00 | 1.45.00 | 1.38.00 | 1.34.00 | 1.32.00 | Lwr                | 100m Breast | Lwr                        | 2.05.00 | 2.00.00 | 1.55.00 | 1.45.00 | 1.42.00 | 1.38.00 | 1.35.00 |
| 1.40.00                       | 1.35.00 | 1.28.00 | 1.20.00 | 1.17.00 | 1.13.00 | 1.10.00 | Upr                |             | Upr                        | 1.40.00 | 1.35.00 | 1.28.00 | 1.22.00 | 1.20.00 | 1.17.00 | 1.14.00 |
| 4.45.00                       | 4.20.00 | 4.05.00 | 3.50.00 | 3.35.00 | 3.22.00 | 3.12.00 | Lwr                | 200m Breast | Lwr                        | 4.45.00 | 4.20.00 | 4.05.00 | 3.50.00 | 3.38.00 | 3.32.00 | 3.25.00 |
| 3.32.00                       | 3.16.00 | 3.05.00 | 2.54.00 | 2.42.00 | 2.32.00 | 2.28.00 | Upr                |             | Upr                        | 3.32.00 | 3.16.00 | 3.05.00 | 2.56.00 | 2.48.00 | 2.42.00 | 2.35.00 |
| 3.58.00                       | 3.50.00 | 3.38.00 | 3.22.00 | 3.02.00 | 2.55.00 | 2.49.00 | Lwr                | 200m I.M.   | Lwr                        | 3.58.00 | 3.50.00 | 3.38.00 | 3.25.00 | 3.08.00 | 2.58.00 | 2.52.00 |
| 3.10.00                       | 2.50.00 | 2.38.00 | 2.32.00 | 2.25.00 | 2.20.00 | 2.15.00 | Upr                |             | Upr                        | 3.10.00 | 2.50.00 | 2.38.00 | 2.35.00 | 2.30.00 | 2.27.00 | 2.24.00 |