

## PROGRAMME OF EVENTS

<b>SESSION ONE</b> <b>SATURDAY 13<sup>th</sup> JULY 2024 – Start Time TBC</b>				<b>SESSION TWO</b> <b>SATURDAY 13<sup>th</sup> JULY 2024 – Start Time TBC</b>			
101	Female	11/Ov	400m Freestyle	201	Open	11/Ov	400m Freestyle
102	Open	9/Ov	50m Freestyle	202	Female	11/Ov	200m Butterfly
103	Female	9/Ov	50m Butterfly	203	Open	9/Ov	200m Breaststroke
104	Open	9/Ov	100m Butterfly	204	Female	9/Ov	50m Backstroke
105	Female	9/Ov	200m Backstroke	205	Open	9/Ov	100m Freestyle
106	Open	9/Ov	200m Backstroke	206	Female	9/Ov	200m Freestyle
107	Female	9/Ov	100m Breaststroke	207	Open	9/Ov	50m Breaststroke
108	Open	9/Ov	200m Individual Medley				
<b>SESSION THREE</b> <b>SUNDAY 14<sup>th</sup> JULY 2024 – Start Time TBC</b>				<b>SESSION FOUR</b> <b>SUNDAY 14<sup>th</sup> JULY 2024 – Start Time TBC</b>			
301	Open	11/Ov	400m Individual Medley	401	Female	11/Ov	400m Individual Medley
302	Female	9/Ov	100m Butterfly	402	Open	11/Ov	200m Butterfly
303	Open	9/Ov	100m Backstroke	403	Female	9/Ov	200m Breaststroke
304	Female	9/Ov	50m Freestyle	404	Open	9/Ov	50m Backstroke
305	Open	9/Ov	50m Butterfly	405	Female	9/Ov	100m Freestyle
306	Female	9/Ov	100m Backstroke	406	Open	9/Ov	200m Freestyle
307	Open	9/Ov	100m Breaststroke	407	Female	9/Ov	50m Breaststroke
308	Female	9/Ov	200m Individual Medley				